



OUR LADY OF PERPETUAL HELP

Byzantine Catholic Church

1937 Church Road, Toms River, N.J. 08753

Rectory: (732)255-6272

Visit Our Website www.OLPHTR.org

Facebook Group: [Our Lady of Perpetual Help Byzantine Catholic Church](#)



DIVINE LITURGY

Sunday - 9:00AM

Holy Days - 9:00AM

Confessions: before Liturgy or by appointment

Pastor: Very Reverend Francis J. Rella

Admin Asst/Cantor: Jim Skopkowski

Trustees: Calvin Bastedo, Stephen Kurilla

Senior Trustee: George Kresan

FEBRUARY 25, 2024

SECOND SUNDAY OF THE GREAT FAST

Glory to Jesus Christ! Glory Forever!
Slava Isusu Christu! Slava na viki!



SECOND
SUNDAY
OF LENT



The Second Sunday of Lent is the commemoration of Saint Gregory Palamas. It was Saint Gregory (d.1359) who bore living witness that men can become divine through the grace of God in the Holy Spirit; and that even in this life, by prayer and fasting, human beings can become participants of the uncreated light of God's divine glory.

LITURGIES AND SERVICES

Sunday	February 25	9:00am	Second Sunday of Lent +Second All Souls - for our deceased
Wednesday	February 28	9:00am	Presanctified Liturgy - For our parishioners
Sunday	March 3	9:00am	Third Sunday of Lent - Veneration of the Cross +Third All Souls - for our deceased
Wednesday	March 6	9:00am	Presanctified Liturgy - For our parishioners

ROSARY - The Rosary is recited on the first Sunday of every month beginning at 8:30am.

PRAY FOR OUR PARISHIONERS

Helen Chupko, Irene Sudol, Dottie Simkovich, Michael Bereschak,
Martha Kunak-Szaro, Geri Marks, Betty Derco, Jacob and Jaxson Rivera.

May God Grant Them Many Blessed Years!

LITURGIES AND SPECIAL INTENTIONS

Email jskopkowski@olphtr.org or submit your request online at: OLPHTR.org.

READERS OF THE EPISTLE

Sunday	Feb 25	George Kresan
Sunday	March 3	David Simon
Sunday	March 10	Richard Rella
Sunday	March 17	Christina Simon

PROPERS FOR TODAY'S LITURGY

TONE 6

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Second Sunday of the Great Fast

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EPISTLE: Heb 1:10-2:3

GOSPEL: Mark 2:1-12

WELCOME - We invite new parishioners and families to our church. If you would like to join OLPH, please see Father or Jim to register or email: admin@olphtr.org.

LENTEN BIBLE STUDY - Every Sunday after Coffee Hour. A study of the Old Testament led by David Simon. For more information and to access the online course contact David at: (609) 290-1469 or samuraisimonovich@gmail.com.

LENTEN FASTING REGULATIONS

†All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast.

†All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of Lent, Monday, February 12 and on Great and Holy Friday, March 29th.

These are the minimum requirements; however our Tradition is to abstain from meat after Meat-fare Sunday and from dairy products after Cheese-fare Sunday.

CHOIR PRACTICE - Every Saturday morning at 10AM. No musical experience necessary.

ALL SOULS OBSERVANCES - Today and on March 3 and May 18th. Thank you for submitting your intentions using your All Souls envelopes.

ICONOGRAPHY WORKSHOP - Fr. Marek Visnovsky will be offering an iconography workshop at St. Mary's Byzantine Catholic Church in Trenton. This class will be held on **Friday, March 15, 2024 through March 17, 2024**. There will be time for prayer, talk, discussion, personal instructions, reflections and a hands on demonstration. We will paint the Icon of Christ Mandyion. The cost is \$350 (includes icon boards and painting material). Beginners as well as advanced artists are welcome. The deadline for registration is Sunday, March 10, 2024. For the registration form and any further information please email Fr. Marek at marekvisnovsky@yahoo.com or call (609) 394-5004.

FUNDRAISING EVENTS

CHAIR YOGA - Tuesday March 5, 19 at 10am. \$10 donation to the parish building fund.

SPRING YARD SALE - Tentative dates will be announced.

FUNDRAISING COMMITTEE - Join the committee to plan and organize fund raising events for our new church building project. Contact: **Claire & Joe Yacubovich** [@joeyacubovich@gmail.com](mailto:joeyacubovich@gmail.com)

***"There's something about it that makes sense, Lent.
You give something up, and everything's more joyful."***